



# Holy Spirit Novena

Father J. P. Martin A. Hyatt, bso  
SPIRITUAL DIRECTION

And while staying with them **He charged them not to depart from Jerusalem, but to wait for the promise of the Father**, which, He said, "you heard from Me, for John baptized with water, but before many days **you shall be baptized with the Holy Spirit.**" So when they had come together, they asked Him, "Lord, will you at this time restore the kingdom to Israel?" He said to them, "It is not for you to know times or seasons which the Father has fixed by His own authority. But you shall receive power when the Holy Spirit has come upon you; and **you shall be My witnesses** in Jerusalem and in all Judea and Samaria and to the end of the earth." Acts 1:4-8

As they were saying this, Jesus Himself stood among them. But they were startled and frightened, and supposed that they saw a spirit. And He said to them, "Why are you troubled, and why do questionings rise in your hearts? ... You are witnesses of these things. And behold, I send the promise of My Father upon you; but **stay in the city, until you are clothed with power from on high.**" Luke 24:36-38, 48-49

Day	Fruit of the Spirit	Supporting Virtue/Gift	Scripture for Meditation	IC XC NI KA
1	LOVE	Wisdom	God's love has been poured into our hearts by the Holy Spirit <b>Romans 5:1-5</b>	
2	JOY	Understanding	The Holy Spirit, Who is God, lives in us <b>I Cor 3:16-17; John 14:17; Eph 2:19-22</b>	
3	PEACE	Counsel	The Holy Spirit makes us children of God <b>Galatians 4:6-7; Romans 8:14-17</b>	
4	PATIENCE	Fortitude	To 'walk in the Spirit' we must battle the flesh <b>Rom 8:5-13; 13:12-14; Gal 5:16-26; 6:7-8</b>	
5	KINDNESS	Knowledge	The Holy Spirit, the Counselor, the Spirit of Truth <b>John 14:12-31; 15:18-27; 16:7-15; I John 5:7</b>	
6	GOODNESS	Piety	The Holy Spirit teaches us to pray <b>Romans 8:26</b>	
7	FAITHFULNESS	Fear of the Lord	The Holy Spirit as a Divine Seal and a Guarantee <b>Ephesians 1:13-14; 4:30; II Corinthians 1:19-22</b>	
8	MEEKNESS	Obedience	The Holy Spirit and Freedom <b>Romans 8:1-2; II Corinthians 3:6b, 17-18</b>	
9	SELF-CONTROL	Humility	The Holy Spirit will give us a new heart, and teach us obedience <b>Ezekiel 36:25-27; John 16:7-11</b>	

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, meekness, self-control; against such there is no law. Galatians 5:22-23

And the Spirit of the Lord shall rest upon him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and the fear of the Lord. Isaiah 11:2

## PRAYERS TO THE HOLY SPIRIT

**COME LORD JESUS,  
SEND US YOUR SPIRIT,  
RENEW AND SOFTEN OUR HEARTS !**

### **COME, HOLY SPIRIT**

Replace the tension within us  
with a holy relaxation.  
Replace the turbulence within us  
with a sacred calm.  
Replace the anxiety within us  
with a quiet confidence.  
Replace the fear within us with a strong faith.  
Replace the bitterness within us  
with the sweetness of grace.  
Replace the darkness within us  
with a gentle light.  
Replace the coldness within us  
with a loving warmth.  
Replace the night within us with Your day.  
Replace the winter within us with Your spring.  
Straighten our crookedness.  
Fill our emptiness.  
Dull the edge of our pride  
Sharpen the edge of our humility.  
Light the fires of our love.  
Quench the flames of our lust.  
Let us see ourselves as You see us  
That we may see You as You have promised  
and be fortunate according to Your word.  
Blessed are the pure of heart,  
for they shall see God.

### **MOST HOLY SPIRIT,**

Beloved of my soul, I adore You.  
Enlighten me, strengthen me, and empower me,  
to be all that You call me to be,  
and to do all that You call me to do.  
Comfort me, console me, and guide me.  
Teach me to surrender: to be humble and obedient, trusting You always.  
Give me the joy flowing from a life of union with You.  
Take my heart of stone, and give me a heart of flesh.

### **MOST HOLY SPIRIT,**

Bring peace to my heart,  
Bring peace to my family,  
Bring peace to the world.

**BREATHE IN ME,** O Holy Spirit,  
That my thoughts may all be holy.  
Act in me, O Holy Spirit,  
That my work too may be holy.  
Draw my heart, O Holy Spirit,  
That I love but what is holy.  
Strengthen me, O Holy Spirit,  
To defend all that is holy.  
Guard me, then, O Holy Spirit,  
That I always may be holy.



Attributed to Saint Augustine

**HEAVENLY KING,** Consoler, Spirit of Truth,  
present in all places and filling all things,  
the Treasury of blessings and the Giver of life,  
come and dwell in us, cleanse us from all stain  
and save our souls O Good One.

From the Byzantine Liturgy

**DIVINE SPIRIT,** renew Your wonders in this  
our age as in a new Pentecost, and grant  
that Your Church, praying perseveringly  
and insistently, with one heart and mind,  
together with Mary, the Mother of Jesus,  
and guided by Blessed Peter, may increase  
the reign of the Divine Savior, a reign of  
truth and justice, a reign of love and  
peace. Amen. [Prayer of Pope John XXIII in  
preparation for the Second Vatican Council]

### **SPIRIT OF THE LIVING GOD,**

fall afresh on me. [twice]  
Spirit of the living God, fall afresh on me.  
Melt me, Mold me, Fill me, Use me.  
Spirit of living God, fall afresh on me.

**LET IT BREATHE ON ME,** let It breathe on me,  
Let the Breath of God, Now breathe on me.  
Let It breathe on me, Let It breathe on me,  
Let the Breath of God, Now breathe on me.

Let It set us free, let It set us free,  
Let the Breath of God, now set us free.  
Let It set us free, let It set us free,  
Let the Breath of God, now set us free.